



**Fun, Learning and  
Achievement**

Final  
July 2025  
*Eliminator*

## **NATIONAL FEDERATION OF YOUNG FARMERS' CLUBS**

Competitions Programme 2025 - 2026

# **NFYFC Commercial Dance Competition**

### **RULES**

#### **COMPETITION AIM**

To provide members with the opportunity to participate in a physical activity to demonstrate their dancing skills in a competition environment

#### **LEARNING OUTCOMES**

Choreography and composition, movement, timing, performing, confidence, decision-making, teamwork and personal development skills

REMINDER: Read in conjunction with **NFYFC General Rules**. Further information can be found at <http://www.nfyfc.org.uk/CompetitionsResources/competitionsresources>

#### **1. DATE & VENUE**

- 1.1. After Area Finals, the National Final will be held on Competitions Day, **Saturday 4<sup>th</sup> July 2026** at Staffordshire Showground.

#### **2. REPRESENTATION**

- 2.1. Counties may enter one team per 600 members or part thereof in Area Eliminators.
- 2.2. English Areas and Wales will be represented in the final by one team per 3,000 members or part thereof.

#### **3. ELIGIBILITY**

- 3.1. The team may consist of a minimum of 4 and a maximum of 12 members, all of whom must be 28 years of age or under on 1 September 2025 and a full member of a Club affiliated to the NFYFC.

#### **4. SUBSTITUTION**

- 4.1. If more than half of the original team are unable to compete at the next round, the next highest scoring team will represent area.
- 4.2. **All substitutes must have been eligible to compete in the County Final.**

#### **5. PROCEDURE**

- 5.1. Teams should perform a commercial dance routine reflecting the music chosen with the style of the dance. Teams may use a single track or a compilation of tracks; however any tracks chosen must have featured in the Official UK Top 40 Singles Chart between the 1<sup>st</sup> January 2025 and the date of the NFYFC Final.

Definition: commercial dance refers to an "entertainment" style of dance, encompassing many dance genres such as Hip Hop, Street, Krumping, Jazz, Breakdancing etc. Commercial dance is meant to create a spectacle and entertain people, with the style adapting over the years to suit popular music and entertainment at the time. Nowadays you may see this type of dancing in music videos, backing dancers at concerts etc.

- 5.2. The dance performance should last for a minimum of 3 minutes and a maximum of 5 minutes.
- 5.3. Timing will commence from when either the first note, word spoken or dance move made after the introductory applause.
- 5.4. Each team to be allocated a 10 minute rehearsal slot prior to their performance, before audience is present.

- 5.5. Teams do not need to mime or sing their chosen song (no additional marks will be awarded for those teams that do)
- 5.6. Teams are reminded that they will be performing to a family audience. Songs and costumes should be appropriate for this audience
- 5.7. To note that during the performance no confetti is allowed on stage due to health and safety regulations.
- 5.8. At the NFYFC Final the size of the dance area will be in the region of 8.6m x 8.6m on a hard wooden floor. (The County will confirm detail of the County final, the Area will confirm detail of the Area Final)
- 5.9. Music to be submitted to NFYFC twenty one (21) days prior to the National Final, no later than Friday 19<sup>th</sup> June 2026, on USB format or by using WeTransfer to NFYFC.
- 5.10. A **Performing Rights (PRS) Society for Music Form** will be supplied to finalist teams by the NFYFC (as directed by the venue license holders) for the final of the competition. This form must be completed and returned to the NFYFC prior to the performance.
- 5.11. All music must be, at every round, a **Radio Edit – i.e. suitable and passed for radio broadcast to family (pre watershed) audiences.**
- 5.12. When Counties and Area are organising this type of competition, they must contact their local authorities to consider the local children’s performing license requirements as Councils do differ throughout the Country and you must follow the rules at each stage of the Competition.

6. **Penalties**

- 6.1. Time deductions are one mark for each 30 seconds (or part thereof) over or under the allocated time by any members of the team.

7. **SCALE OF MARKS**

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| <p><b>Choreography</b><br/> <i>e.g. is the choreography appropriate for the music choice? Does it reflect the structure of the music choice and help the performance flow, with various dynamics and levels? Have the group used a variety of positions, spacing and staging options to add interest throughout the routine? Are there smooth transitions between movements and formations?</i></p>                  | 30 |
| <p><b>Entertainment Value</b><br/> <i>e.g. do the group have captivating stage presence and confidence? Are the dancers performing to engage the audience, with facial expressions, eye contact and audience connection?</i></p>   | 25 |
| <p><b>Musicality</b><br/> <i>e.g. does the choreography and execution give an accurate, creative and exciting interpretation of the music? Are the dancers’ movements accurate to the music, responding to changes in the tempo and dynamics?</i></p>  | 20 |
| <p><b>Creativity</b><br/> <i>e.g. have the group used resources available to them to creatively costume their piece, assembling a cohesive, appropriate and exciting group costume? Have they taken any extra steps to ensure the sustainability of their costuming?<br/>           Have the group used appropriate and engaging music choices to entertain the audience, within a commercial dance setting?</i></p> | 10 |
| <p><b>Overall Performance of the Team</b><br/> <i>e.g. overall, are the group performing as a united ensemble? Do the dancers</i></p>  | 15 |

|  |            |
|--|------------|
| <i>engage with one another and the audience throughout?<br/>How well do all the above elements come together to create an entertaining and compelling performance?</i> |            |
| <b>TOTAL</b>   | <b>100</b> |

**Competitors to note:**

**Clarification from the International Dance Teacher’s Association which Competitors must adhere to in all Commercial Dancing Competitions:**

‘Floor Spins where partner contact is lost are not allowed. Acrobatics and lifts are allowed but no freehanded movements are allowed in any area of the Freestyle competitions, (solos/pairs/teams/rock n roll). ‘Freehanded’ means where there is no support or contact from the partner or no contact with the floor with feet or hands during the rotational movement, therefore, for example, cartwheels are allowed but unassisted or independent flips are not allowed. An Arab Spring is not allowed because it is a combination movement between a cartwheel and a walkover. Death Dives are not permitted.’

Should these moves be performed in a team’s routine the routine will not be stopped, however, after the performance, the judges will make a note of any prohibited move and the team will be penalised for this.

If including lifts in a routine the lifts must be no more than 1½ persons high (a person sitting on another person’s shoulders = 1½ persons high).

**8. AWARDS**

- 8.1. Peter Smith Trophy and Prize Cards to winning team.
- 8.2. NFYFC Awards and Prize Cards to teams placed 2<sup>nd</sup> and 3<sup>rd</sup>
- 8.3. NFYFC Certificates of Achievement will be awarded to teams participating in the NFYFC Final.