

Devon Young Farmers Safeguarding Contacts

Aim:

To provide a list of contacts for members who are in need of support and guidance.

County Safeguarding Officer: Helen Pring (County Organiser) – 01647 24120 / 07936904162

<u>County Multi Agency Safeguarding Hub (MASH)</u>: https://www.dcfp.org.uk/training-and-resources/multi-agency-safeguarding-hub-in-devon/ contact details – 0345 155 1071 mashsecure@devon.gov.uk

<u>The Devon Children and Families Partnership:</u> This website aims to provide important information to parents and carers, children and young people and those people who work with them. http://www.devonsafeguardingchildren.org

<u>Local Authority Designated Officer (LADO)</u>: LADO Officers provide advice and guidance to employers and voluntary organisations that have concerns about a person working or volunteering with children and young people who may have behaved inappropriately or if information has been received that may constitute an allegation. http://www.devon.gov.uk/lado

Devon county children's social care department: contact details 0345 155 1078.

Devon county adult social care department: contact details 0345 155 1007 or email csc.caredirect@devon.gov.uk

NSPCC: free 24-hour helpline - Tel: 0808 800 5000 or Email: help@nspcc.org.uk

<u>Samaritans</u>: 116 123 - this helpline is for anyone who needs support with anxiety, depression, worries or concerns. They can help you to talk through anything which is troubling you and offer help and support. 24 hours a day, 365 days a year, free to call.

Childline: 0800 1111 – a support service for children and young people. www.childline.org.uk

<u>Mind Info line</u>: 0300 123 3393 - for anyone who needs to discuss mental health problems, where to get help, medication and alternative treatments and advocacy. Lines are open 9am to 6pm, Monday to Fridays except Bank Holidays.

SANE line: 0300 304 7000 Support for mental health problems 4.30pm to 10.30pm daily.

SHOUT: TEXT: 85258 New free text 24/7 helpline service for people in crisis in the UK - www.youngminds.org.uk

FRANK: 0300 123 6600 National helpline providing advice and information about drugs.

<u>National Association for the Children of Alcoholics:</u> 0800 358 3456 Free helpline for anyone whose parent(s) has an alcohol problem.

<u>National Domestic Violence Helpline</u>: 0808 2000 247 This helpline is free and operates 24 hours a day to support anyone experiencing domestic abuse, domestic violence (including coercion and control), or worried about someone they know who may be experiencing this.

<u>NAPAC</u>: 0808 801 0331 Supporting recovery from abuse in childhood - The service is confidential, and the number won't show on your bill. 10am to 9pm Mon-Thurs and 10am to6pm Fridays.

Family Lives: 0808 800 2222 Provides advice and support to parents.



Men's Advice Line: 0808 801 0327 A confidential helpline for men experiencing domestic violence.

<u>Beat</u>: 0808 801 0677 Beat offers help and support to people affected by eating disorders. Provides details of support networks, self-help groups and Beat's national helpline.

<u>Farming Community Network</u> Confidential helpline providing personal or business-related support to farmers and their families. www.fcn.org.uk Tel: 03000 111 999

<u>Royal Agricultural Benevolent Institution</u> RABI Confidential helpline providing financial support to people from the farming community. www.rabi.org.uk Tel: 0808 281 9490

Kooth: digital mental health and wellbeing support with access to online counsellors - https://www.kooth.com/