



## Call for participants

### The experience of suicidal feelings and suicide related mental imagery among male farmers

**Researcher: Rochelle Woollacott**

Hello, my name is Rochelle Woollacott and I am a Professional Doctorate in Counselling Psychology trainee at the University of the West of England, Bristol. I am seeking adult male farmers or ex-farmers aged 21 years and older who have experienced suicidal feelings in the past to participate in the research I am completing for my doctoral thesis. I am interested in this topic because I married into a farming family, and have experienced indirectly the impact of suicide on farming communities.

Below is a brief outline of the project aims. If you are interested in participating in this research, then please email me [rochelle2.woollacott@live.uwe.ac.uk](mailto:rochelle2.woollacott@live.uwe.ac.uk) to discuss the research further.

#### Brief introduction to the study

This study aims to explore the experience of suicidal feelings and suicidal imagery among male farmers in Devon & the neighbouring counties. Recent studies have shown that male farmers are a greater risk of suicide in Devon and the South West than compared to any other county in the UK. Yet, little is known about the experience of suicidal feelings among these men and how psychological support needs to be improved to reduce the risk of suicide in this population. This will be the first study conducted into the experience of suicidal feelings among male farmers in the UK.

There is little research exploring the experience of suicidal feelings among male farmers. Thus, this studies aim is to provide clinicians an understanding of what it means to feel suicidal and be a male farmer, and inform the practice of health professions including GPs, psychologists, counsellors, and farming outreach workers in supporting farmers to discuss their psychological distress and avert suicide at times of distress.

#### Ways to be involved in the study

If you would like to be involved in this research then please contact the main researcher by way of one the following methods

**Email: [rochelle2.woollacott@live.uwe.ac.uk](mailto:rochelle2.woollacott@live.uwe.ac.uk)**

Alternatively, if you been involved with the Farming Community Network, you can ask your FCN caseworker to recruit you to the study.

After you have volunteered to be in the study, you will be contacted by Rochelle Woollacott (the researcher) and emailed/posted a 'Participant Information Sheet' that includes the information regarding your participation. Afterward, you will be contacted by telephone by Rochelle to complete a short screening questionnaire and consent form before recruitment. The questionnaire is to assess your current circumstances and identify any exceptional factors circumstances, which mean that participating is not advisable.