

Ballroom Dancing Rules



1. **DATE & VENUE** - The County Final will be held on Friday 7th December at QE Lower School, Crediton, EX17 3HX
2. **REPRESENTATION** - Each Group may enter TWO Team
3. **ELIGIBILITY** - The team may consist of between 6 and 10 members, all of whom must be 26 years of age or under on 1st September 2018 and a full member of a Club affiliated to the NFYFC. The team must consist of a minimum of 2 members of the opposite gender.
4. **SUBSTITUTION** - If more than 3 of the original team are unable to proceed; the next highest scoring team will represent that area. **All substitutes must have been eligible to compete in the County Final.**

5. PROCEDURE

- 5.1. The Team are to perform a Show Dance to open a show (like Strictly Come Dancing). The routine is to be between 3-5 minutes long and must contain four different dance genres.
- 5.2. The Team must perform two genres from Ballroom, and two genres from Latin. The performance may have other genres involved in order to assist with the flow/sequencing of the performance.
- 5.3. The performance is a 'showdance' so will have a specific ending. For this reason there will be no additional time for a Bow/Curtsey at the end of the performance.
- 5.4. Props may be used, but the teams must provide them on the day – unless otherwise confirmed.
- 5.5. Competitors to note that if including lifts in their routine they must be no more than 1½ persons high (a member sitting on another members shoulders = 1½ members high).
- 5.6. At the County & NFYFC Final the size of the dance area will be in the region of 10m x 10m (to be confirmed finally nearer the time depending on venues used at County, Area and NFYFC rounds of the competition – the Area will confirm detail of the Area Eliminator and the NFYFC will confirm detail of the NFYFC Final).
- 5.7. Music to be submitted to Devon YFC on CD format one week prior to the final (23rd November)
- 5.8. All music must be, at every round, a **Radio Edit – i.e. suitable and passed for radio broadcast to family (pre watershed) audiences.**
- 5.9. The Genres the team may choose from are:

<u>Ballroom (2)</u>	<u>Latin (2)</u>
Waltz	Cha Cha Cha
Foxtrot	Samba
Tango	Rumba
Viennese Waltz	Paso Doble
Quickstep	Jive

6. Scale of Marks

Posture	20
Timing	30
Musicality & Expression	20
Line	20
Footwork	20

Overall Presentation		30
Synchronisation	20	
<u>Technique</u>		
Hold	10	
Rise & Fall	10	
Hip Action	10	
Leg Action	10	
Total	200	

7. **Awards** – Prize cards will be awarded to teams 1st – 3rd

The winning team will go forward to the South West Area Final in Weymouth 8th – 10th March 2018